

# Ms. MANALI YADAV

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## **OBJECTIVE:**

Seeking a position to start my career in medical sector for the mutual growth and profit where I could get learning environment. Where I can utilize my ability maximum to effect and grow to my full potential. My work will reflect my strong belief to qualify and thorough satisfaction of my superior. My vision is to achieve knowledge and grow with the organization.

## **EDUCATION:**

### **Maharashtra University of Health Sciences (MUHS) Nashik.**

Master of Musculoskeletal Physiotherapy (MPT- MSK), January 2020.

First year secured with 52.44%

Second Year secured with 54.18%

Bachelors of Physiotherapy ( BPT ), August 2016.

First Year (Part 1) secured with 60%

First Year (Part 2) secured with 60%

Second Year secured with 55%

Third Year secured with 59%

HSC ( Maharashtra board) passed in year 2010 with 65%.

SSC ( Maharashtra board) passed in year 2008 with 88%.

## **Related Courses:**

### **MPT:**

I completed my masters in musculoskeletal physiotherapy from MGM college of Physiotherapy, Navi Mumbai.

### **Graduate:**

Musculoskeletal physiotherapy

Neurophysiotherapy

Geriatric and women's health physiotherapy

Cardiopulmonary physiotherapy

## **INTERNSHIP:**

I completed my internship from MGM college and hospital, Navi Mumbai.

## **OBSERVERSHIP:**

I did one and half month observership in NeuroGen Brain and Spine Institute, Navi Mumbai.

## RESEARCH WORK:

- Effect of pain neuroscience education and graded motor imagery in patients with chronic shoulder pain: An experimental study, 2017-2019
- Prevalence of risk factors for non-communicable diseases in tribal population of Raigad district: A Cross-Sectional Study, 2018-19.
- Bronchopleural fistula-The role of physiotherapy rehabilitation: A Case Report, 2017-18.
- To evaluate the functional score of critically ill patients in ICU and to study the prevalence of various outcome measures in different ICU set up, 2016-17.
- Evaluation of normal motor development using PEABODY development motor scale-2 (PDMS 2), 2015-16

## KEY SKILLS:

- In depth knowledge of different physical therapy techniques.
- Profound ability to communicate effectively both written and oral.
- Able to manage escalations, issues and risks.
- Flexibility to work weekends on rotational basis.
- Good command over handling medical equipment.
- Quick learner.
- Punctual and well disciplined.

## SPECIALIZED AREAS:

- Musculoskeletal physiotherapy (cold and fracture conditions) evaluation and management.
- Spinal cord injuries management.
- Neurological conditions.
- Stroke management.
- ICU management.
- Antenatal and postnatal physiotherapy management and care.

## ACHIEVEMENTS:

- Certificate of participation in 2-day workshop of pain neuroscience education and 1-day workshop of graded motor imagery, on 7<sup>th</sup>- 9<sup>th</sup> June, 2019, Physio-health, Mumbai.
- MEDINSPIRE international conference, on 14<sup>th</sup>- 17<sup>th</sup> February, 2019, D.Y Patil, Navi Mumbai.
- Certificate of participation in 3 days hands on workshop on '**EMG and NCV**' from 26<sup>th</sup> – 28<sup>th</sup> April, 2018.
- Certificate of participation at '**National Conference of Physical Therapy (NCPT)**' on **16<sup>th</sup> and 17<sup>th</sup> December, 2017** at CIDCO Convention Center, Navi Mumbai.
- Certificate of participation in '**Evaluation of Spine**' by **Prof. Margareta Nordin** on **25<sup>th</sup> and 26<sup>th</sup> November, 2017** at MGM Centre of Human Movement Science, Navi Mumbai.
- Certificate of participation in the CME on '**Basic Pain Management for the Clinician**' under **Maharashtra Medical Council held at Navi Mumbai on 23<sup>rd</sup> October, 2016.**
- Certificate for attending 2 days hands on workshop on '**Therapeutic Taping Under Accreditation of Institute Of Manual Therapy and Taping**' by **Dr. Rais Rizvi** on **17<sup>th</sup> and 18<sup>th</sup> September, 2016.**

- Certificate of completion of 5 week online course on **'PHYSIOTHERAPY MANAGEMENT OF SPINAL CORD INJURIES'** with score of 85% conducted by **THE INTERNATIONAL SPINAL CORD SOCIETY, U.K.** by **DR. LISA HARVEY AND DR. JOANNE GLINSKY** on 28<sup>TH</sup> may, 2016.
- Certification of participation in **'THE INTERNATIONAL CONFERENCE OF AUTISM, CEREBRAL PALSY AND NEURO DEVELOPMENTAL DISORDERS'** Conducted on 1<sup>ST</sup> to 3<sup>RD</sup> may 2015.
- Certification for attending the workshop on **'3D GAIT ANALYSIS IN CEREBRAL PALSY'** conducted by **DR. ABHISHEK SHRIVASTAVA** ON 1<sup>ST</sup> TO 3<sup>RD</sup> may, 2015.
- Certification for attending the workshop on **'AQUATIC THERAPY IN PEDIATRIC NEURODEVELOPMENTAL DISORDERS'** conducted by **DR. AMRUTA PARANJAPE** and **MS. SUSAN NACHISAN** on 1<sup>ST</sup> TO 3<sup>RD</sup> may, 2015.
- Certification for attending the workshop on **'DYSKINESIA MANAGEMENT'** conducted by **JEAN PIERRE MAES** on 1<sup>ST</sup> TO 3<sup>RD</sup> may, 2015.
- Certification for attending the workshop on **'HIPPO THERAPY'** BY **ESTHER DE RU** conducted on 1<sup>ST</sup> TO 3<sup>RD</sup> may, 2015.
- Certification for attending the workshop on **'IDENTIFICATION AND ASSESSMENT OF LD, ADHD AUTISM'** conducted by **MS. DEEPALI BATRA**, on 1<sup>ST</sup> TO 3<sup>RD</sup> may, 2015.
- Certification for attending two day course on **'MOBILISATION OF THE NERVOUS SYSTEM'** conducted by **DR. PRAKKASH SHAROFF** on 21<sup>ST</sup> and 22<sup>ND</sup> march, 2015.
- Certification for hands on workshop on **'POST-STROKE UPPER LIMB REHABILITATION'** conducted by **DR. GAURISH KENKRE** in **BREACH CANDY HOSPITAL** on 8<sup>th</sup> march, 2015.

#### WORK:

- Certificate of appreciation in **Vasai- Virar Mayor's Marathon** held on 10<sup>th</sup> December, 2017.
- Certification for attending the **PHYSIOTHERAPY CAMP AT COMMUNITY LEVEL ON 'OSTEOPOROSIS'** conducted by **SHREI VISHWAKARMA CHARITABLE TRUST** under **DR. KIRAN PATIL** ON 17<sup>TH</sup> SEPT. 2015.

#### HOBBIES:

Playing Badminton.

Travelling.

#### LANGUAGES KNOWN:

Marathi, Hindi, English, French, Sanskrit.

I, hereby declare that the information furnished above is true to the best of my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

**Place: Mumbai**

(Ms. Manali Yadav)

