## Rudraksha V. Sakrikar - Biodata

Date of Birth : 27<sup>th</sup> June, 1986

Current Occupation: Working as Assistant Professor (Sanskrit) at Bharatiya Sanskriti

Peetham, K. J. Somaiya Institute of Dharma Studies, Somaiya

Vidyavihar University, Mumbai

**Languages Known**: Marathi, Hindi, Sanskrit, English, German, Urdu.

## **Academic qualifications:**

Ph. D in Sanskrit from the University of Mumbai in August 2019. Topic of the Research
was 'An Indian perspective regarding the science of weather forecast as described in
Sanskrit texts'. Completed Ph. D work under the guidance of Dr. Kala Acharya, Director,
KJSBSP, Mumbai.

- M.A. (Sanskrit with Darshana specialization) from Banaras Hindu University in 2008 with 93.8% and stood first in merit in Sanskrit as well as in the faculty of Arts.
- Cleared NET (national eligibility test) for lectureship conducted by University grants commission in 2008.
- B.A. in Sanskrit from the University of Pune in 2006 with 74.66% and stood second in the order of merit in Sanskrit in the University.
- HSC examination in 2003 from Maharashtra State board of Secondary & Higher Secondary Education, Pune with 66.67% and SSC examination in 2001 from the same board with 70.26%.
- Certificate Course in 'German Language' from the University of Pune in 2005 with B+ grade.
- Certificate Course in 'Information Technology' from NIIT institute in 2005 with A+ grade.
- 'Yoga Pravesh' Examination conducted by Yoga Vidyapeeth, Nashik in 2003 with grade 1.
- 'Prathama Deeksha' (1<sup>st</sup> Stage) of Sanskrit Sambhashana conducted by Rashtriya Sanskrit Sansthan in 2004.

- 'Certificate course in 'Modi script' in Gokhale Education Society, Nashik in 2006 with A+ grade.
- Attended workshop on Sharada script organized by Department of Sanskrit, University of Mumbai.
- Rudraksha is a professional Sarangi artist. He got the privilege to reside at Varanasi for six years in a traditional Gurukul system and was trained into classical music and art of Sarangi playing under the guidance of Pt. Santoshji Mishra of Banaras Gharana. He has performed at various places in India.

#### Awards and medals:

- Rudraksha Sakrikar has received prizes from the chancellor of Banaras Hindu University and Maharaja of Jammu & Kashmir Padma Vibhushan Dr. Karna Singh, in the presence of Hon'ble President of India Smt. Pratibha Devisingh Patil for standing first in the Dept. of Sanskrit as well as faculty of Arts (of Banaras Hindu University) in the year 2008 –
  - BHU Medal,
  - Dr. Kishor Das Swami Gold Medal,
  - Late Shri Krishnanand Pandey of Saharanpur Gold Medal,
  - Smt. Siya Dulari Pt. Banarasi Lal Tripathi Gold Medal,
  - Swami Madhusudananand Saraswati Medal,
  - Padmabhushan Acharya Baldev Upadhyay Gold Medal,
  - Rajkishore Kapoor Silver Medal,
  - Dr. P. J. Deshpande Memorial Award,
  - His Holiness Sankaracharya Swami Swanandashram Prize.
- Rudraksha Sakrikar has received subsequent prizes for standing 1<sup>st</sup> in Sanskrit in the HPT
   Arts & RYK Science college and standing 2<sup>nd</sup> in Sanskrit in the University of Pune at the graduation level –
  - Shri. Keshvrao Bhosle Prize,
  - Shri. G.T. Ozarkar Prize,
  - Late Shri. S. S. Ranbhor Prize,

- Dr.Sadhana Gokhale Sanskrit Prize,
- Late K.Y. Gharpure Prize.
- Rudraksha has won the 1<sup>st</sup> prize in the Sangeet Bhushan Pt. Ram Marathe Smriti Sangeet
   Competition in the String instrument section organized by Shriranga kala Niketan
   (Talegao Dabhade) for Sarangi playing.

# **Work Experience:**

Rudraksha Sakrikar is working as the Assistant Professor of Sanskrit at K. J. Somaiya Bharatiya Sanskriti Peetham, Somaiya Vidyavihar, Mumbai since February 2013. He teaches various topics related to Sanskrit language, systems of Indian philosophy, Yogashastra to various courses on graduate and post graduate level. He runs autonomous courses on Sankhya and Yoga systems which are getting good response of students from five years. He has jointly worked on the following projects – Samskaravalli (informative VCDs on sixteen sacraments) and Vanaspatyam (a project giving detailed references of the selected Ayurvedic herbs from Sanskrit texts).

### **Experience in research and publication:**

Experience in Editing -

Rudraksha has been a co-editor of following books –

1. The cosmic elements in religion, philosophy, art and literature -

This book is published in digital form in the *Colección Biblioteca Áurea Digital*. The book contains the papers presented during the International Interfaith Dialogue seminar jointly organized by K. J. Somaiya Bharatiya Sanskriti Peetham and GRISO from the University of Navarra (Spain) from 31<sup>st</sup> January to 2<sup>nd</sup> February 2013. The book is available on the following link - <a href="http://www.unav.edu/publicacion/biblioteca-aurea-digital/biadig-34">http://www.unav.edu/publicacion/biblioteca-aurea-digital/biadig-34</a>

2. Yogamritam – (in two editions) (ISBN: 978-81-7039-299-6)

This book is a handy anthology for the seekers of Yoga. It includes 74 Sanskrit verses on Yoga from various sources and translated into Hindi, English and Marathi.

## Translation (under publication) -

Rudraksha has translated 100 couplets of the Urdu poet Mirza Ghalib into Sanskrit (verses), meaning of the words along with the Sanskrit commentary by himself and English translation. The book is entitled as – 'Ghalib-shatakam'.

## Writing entries for the dictionaries -

- 1. Rudraksha has contributed the following entries for the book 'Essentials of Yoga' (ISBN: 978-81-7039-296-5) published by Somaiya publications *chakra, gunaparva, karma, pramana, siddhis,* and *vairagya*.
- 2. He also has contributed the following entries for 'the Hindu-Christian Dictionary' (ISBN: 978-81-7039-300-9) published by Somaiya publications agnihotra, atma-chatushpat, chakra, kalpasutra-s, mahavakya-s, panchanga, prayopaveshana, sharira-traya, and yuga.

### Research Project -

Rudraksha is co-investigator of the research project of preparing 'Dictionary of Yoga terms' funded by Rashtriya Sanskrit Sansthan, New Delhi. This project is approved under Ashtaadashi scheme of Rashtriya Sanskrit Sansthan.

#### **Seminars and Conferences:**

- Participated and presented a paper entitled 'Music: the language of soul' in an International Conference on 'Education in all-inclusive universal spirituality' organized jointly by 'Chinmaya International Foundation Shodh Sansthan (CIFSS), Adi Sankara Nilayam, Veliyanad, Ernakulam, Kerala' and 'Spiritual Heritage Education Network, Canada' during 14<sup>th</sup> 19<sup>th</sup> November, 2013 at Ernakulam, Kerala.
- Participated and presented a paper entitled 'Nayamatma pravachanena labhyah: Yoga darshan ke pariprekshya mein' in the 58<sup>th</sup> National Conference organized by 'Akhil Bharatiya Darshan Parishad' during 18<sup>th</sup> 20<sup>th</sup> October, 2013 at Udaipur, Rajasthan.
- Participated and presented a paper entitled 'Application of ancient Indian science of weather forecast in today's era' in International conference on ancient science and

technology retrospection and aspirations organized by Deccan college, Pune during 9<sup>th</sup> – 11<sup>th</sup> January, 2016.

- Participated and presented a paper entitled 'Critical analysis of Lokamanya Tilak's view on critical analysis of Samkhyakarika' in National seminar on 'Multi-dimensional contribution of Lokamanya Tilak to Indology and applied philosophy' organized by K. J.
   Somaiya Bharatiya Sanskriti Peetham in collaboration with Indian Council of Philosophical Research, New Delhi during 3<sup>rd</sup> – 5<sup>th</sup> December, 2017.
- Participated and presented a paper entitled 'Inter-connection of Karma-siddhanta and Daiva-vyapashraya-chikitsa' in the International conference on 'Ayurveda, Yoga, Naturopathy, Panchakarma and Medical Astrology' organized by Indian Foundation for Vedic Sciences, Delhi and International Foundation for Vedic Science, Canada at Rohtak, Haryana during 29<sup>th</sup> – 31<sup>st</sup> October, 2018. His paper was selected as best paper in the conference.
- Participated and presented a paper entitled 'Correlation of Indian Philosophical Systems and Scope of Research in Yoga' in the symposium on 'Research in Yoga Based Practices' organized by Yogastha club, IIT Mumbai on 15<sup>th</sup> June, 2019.
- Participated and presented a paper entitled 'Conceptual and Philosophical Research in Yoga' in the e-conference on Research in Yoga based practices and Yoga Darshana organized by Yogastha club, IIT Mumbai from 10<sup>th</sup> to 12<sup>th</sup> July, 2020.

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